

SOPHIA GIRLS' COLLEGE (AUTONOMOUS), AJMER



DEPARTMENT OF PHYSICS

**International/National Seminars/ Conferences/
Workshops**

The Department of Economics and Physical Education of Sophia Girls' College Ajmer Autonomous, organised a two-day National Webinar on " Making India a Global Sports Powerhouse." On 5th-6th January 2021 from 3 to 6 p.m. Over 1008 participants from all over the country participated via Google Meet and YouTube Live Streaming.

On the first day, The webinar began by Ms. Kumud Khatri the co-convener of the webinar welcoming all the resource persons and participants and presenting the concept note of the webinar.

The inaugural session started by Dr.Sr. Pearl the Principal and Patron of the webinar welcoming the keynote speaker and other esteemed resource persons. This was followed by the keynote address by Shri R.D. Singh Ji India's First Dronacharya awardee coach for para-sports. Sir by his own experience motivated the players and highlighted that the government now is definitely focusing on building Sports Culture in India.

The Speaker of the first Technical session was Shri Shaji Prabhakaran, President of Delhi Football Association and Director of Delhi United SC. Who briefed very extensively about the Dynamic Careers in sports that are not much talked about.

The Speaker of the Second special session was Prof. Neera Verma, Dean Faculty of Social Science Kurushetra, Haryana. Ma'am very passionately addressed on the much debatable topic Can the budget allocation in sports be applauded and by very clearly specifying the difference b/w per capita sports expenditure in China and India proclaimed that definitely the budget allocation in India cannot be applauded at present.

The Speaker of the third technical session was Shri Anil Ramachandran, Associate Professor, Dept. of Physical Education and Sports Sciences Kannur University, Kerala. Sir very keenly addressed on the topic Why Youth Dropout of Sports.

This was followed by the last technical session headed by Shri Bablu Mareek, Yoga Teacher and Fitness Consultant, who addressed the gathering on the topic How to reduce attrition rate in Sports.

The second day of the webinar began with the first technical session by Professor Rajeev Choudhary, Dean Welfare Pt. Ravi Shukla University, Raipur, Chattisgarh. Who delivered a very lucid but relevant talk on the need for developing a Sports Culture in India.

Prof. Jayashree Acharya, Director IQAC,Laxmibai National Institute of Physical education was the second resource person of the day who in a very transparent manner elaborated how toxicity in sports affects athletes mental health and what are its repercussions.

This was followed by the last technical session of today by Shri Rajesh Sobti, director Sports kuk Haryana. A rather interactive and though provoking session, on the need for double goal coaching where the coach not only prepares their ward to win but also teaches them life lessons to keep them motivated throughout their life.

These two days were successful in breaking the shackles of considering sports a not so admired destination.

A renowned Indian athlete, and our proud alumni, Dr. Deepa Malik graced the Valedictory session as the Chief Guest.

Ma'am Malik who is an arjun awardee, khelratna awardee and even the proud receiver of padma shri enthralled the participants by her motivating journey.

She kept the entire crowd captivated till end and proclaimed that if she despite facing so many odds at an unexpectable age conquer so many laurels, anyone by their firm determination and hard work can dream to achieve it for India.

With an enchantment of optimism the Webinar concluded with the thought that India has started moving towards becoming the GLOBAL SPORTS POWERHOUSE.

National Webinar on Making India a Global Sports Powerhouse

Organized By

Departments of Physical Education & Economics

Sophia Girls' College (Autonomous) Ajmer, (Raj.)

